

Family Life Center for the Arts

Class and Workshop Descriptions

Please see last page for registration details and yearly calendar

September 14th 2015 - June 4th 2016

Beginning Ballet:

Thursdays 5:00 -6:00pm ----- \$224 year tuition / \$28 monthly payment

Teacher: Lauren Norris

Beginning Ballet is the first formal ballet course that incorporates traditional ballet structure. Emphasis of this course is on posture, strengthening, development of coordination, ballet terminology and vocabulary (taught in French), anatomy, and musicality. Students can expect to work at the barre, center, and traveling movements. This is the first course where students wear ballet technique shoes. This very important level sets the foundations for all of the levels that follow. No previous experience is necessary. Students age six and up are welcome to enroll.

Intermediate Ballet:

Tuesdays 6:00 -7:15pm ----- \$308 year tuition / \$38.50 monthly payment

Teacher: Hannah Jackson

Intermediate Ballet is designed to build upon the work mastered in Beginning Ballet. This course will reinforce the basic elements of correct postural alignment, weight transitions, all of the small, medium, and large poses of ballet, and terminology. Students will be introduced to turning, more intricate jumping (allegro), and traveling patterns.

Advanced Ballet:

Tuesdays 7:15 - 8:45pm ----- \$336 year tuition / \$42 monthly payment

Teacher: Hannah Jackson

Advanced Ballet is a course for students who wish to have a serious study of ballet. This level is where students have the greatest potential for securing technical strengths, musical sensitivity, and artistic awareness. The teacher will work meticulously on each student's individual dance needs while closely coaching each student in technique advancement.

Tap/Jazz Combination Class:

Thursdays 6:15 -7:15pm ----- \$224 year tuition / \$28 monthly payment

Teacher: Wendy Spencer

The tap/jazz combination class is a beginner level class for anyone age six and up who wish to explore the fundamentals of both dance styles. Students will learn rhythm/musicality, form, technique, vocabulary, posturing, strengthening, and coordination of movements.

Teen/Adult Dance:

Thursdays 7:30 -8:30pm ----- \$280 year tuition / \$35 monthly payment

Teacher: Wendy Spencer

Adult Dance is a casual class for teens and adults who are looking for an energetic and fun dance class that is a great workout. This class will be easy to follow and low impact class that focuses on cardiovascular training and basic technique of various dance styles including worship dance. No prior experience is necessary for this class. Students age 16 and up are welcome to enroll.

Musical Theater

Wednesdays 4:30 -5:45pm ----- \$308 year tuition / \$38.50 monthly payment

Teacher: Andrea Wilkinson

Musical Theater class combines jazz technique with other varieties to create a “Broadway” style of dance. This class will follow a jazz warm up along with center and floor work. Emphasis of combinations will combine acting with jazz dance. Class is open to dancers of all ages who have an intermediate level of jazz technique.

Creative Movement:

Thursdays 4:00 -5:00pm ----- \$224 year tuition / \$28 monthly payment

Teacher: Lauren Norris

Creative Movement class encourages young children to explore movement and develop coordination. This class incorporates basic dance steps, rhythm games to encourage musicality, and will encourage development of fine motor skills while introducing children to the basics of dance. Class is performed in bare feet to assist in teaching children how to articulate movements. This class is designed for children who are four and five years old.

Grown Up and Me:

Thursdays 10:30 am -11:15 am ----- \$224 year tuition / \$28 monthly payment

Teacher: Andrea Wilkinson

Grown Up and Me class is designed for children who are 30+ months who are not yet ready for the structure of a formal dance class. This class will spend time playing rhythm games, movement games, and coordination activities. This class is designed for an adult to attend and participate with the child.

Fitness:

Tuesdays & Thursdays 7:00am -8:00am ----- \$280 year tuition / \$35 monthly payment

Teacher(s): Tues. – Jeremiah Leonard, Thurs. - Andrea Wilkinson

This class is a total-body workout taught at a comfortable pace. In addition to cardiovascular training, participants can expect to work on coordination, range of motion, flexibility, and core strengthening. This class is offered on Tuesdays and on Thursdays. *Please note: This class meets twice a week on both Tues and Thurs, for a total of 8 times a month.*

Senior Fitness:

Tuesdays & Thursdays 8:30am - 9:30am ----- \$280 year tuition / \$35 monthly payment

Teacher(s): Tues. – Jeremiah Leonard, Thurs. - Andrea Wilkinson

This class is a low-impact class designed for older adults wishing to maintain or gain strength and range of motion. This class utilizes a wide variety of activities, many of which can be performed while seated in a chair. Emphasis will be on balance and low-impact strengthening. *Please note: This class meets twice a week on both Tues and Thurs, for a total of 8 times a month.*

Hip Hop Workshop (Monthly):

Fridays 6:00-8:00pm ----- \$20.00 Tuition for each workshop

September 11th 2015October 9th 2015 November 13th 2015

Teacher: Anthony Hook

One Day workshop! Learn how to use the hip-hop dance style in a modest and fun-filled way! This two-hour long workshop is for those 12 and up and no previous experience is required! *Payment is required at time of registration, and monthly payments are not available for these workshops. Tuition is \$20 per workshop. Each workshop is stand alone and must be registered for separately. Register online www.fln.org/tickets, or call 800.927.9083.*

Center for the Arts - Lessons

Family Life also offers a wide range of private lessons and individual instruction in the arts.

- Drums/Percussion
- Brass
- Woodwinds
- Piano
- Voice257

Lessons are given weekly and scheduled at various times depending on the lesson type and teacher's schedule. Lessons are \$18 per half hour of individual instruction. Our teachers are committed to excellence and carefully tailor the lessons to meet the student's needs and skill level while encouraging continued growth. For more information on these lessons, or about our teachers, please inquire at 800.927.9083 or andreawilkinson@fln.org

Center for the Arts 2015-2016 Schedule

September 14th 2015 - June 4th 2016

Classes and Lessons start September 14th

- Holiday/Show Break: November 20nd – January 1st 2016 (Classes restart week of Jan 4th)
- Winter Break: February 15-19
- Spring Break and Family Life Youth Theatre Show Break: April 25th –May 6th
- June 3rd is Voice and Music Recital
- June 4th is Dance Recital

Classes and Lessons end June 4th

Calendar Exceptions:

- Youtheatre Workshops run only in the fall for a 10 week workshop
- Hip Hop Workshops are monthly on the second Friday of each month
- Lessons may break for individual teacher vacations and will be worked out on an individual basis

Registration

To register for the 2015-2016 classes and workshops please call Family Life's front office at 800.927.9083 during business hours, or fill out the paper registration form and mail too:

Family Life



P.O. Box 506
Bath, NY 14810

Credit Cards are accepted over the phone, and checks are required for the mail in form. Payment in full or the first monthly payment is due at time of registration.

Please note that all classes and workshops have a pre-identified minimum class size. If minimum class size is not met after eight weeks, Family Life reserves the right to cancel the class or workshop and those registered will be notified with appropriate notice and/or refunded as needed.

To sign up for private music or voice lessons, please call 800.927.9083 or [click here](#) to fill out our online form. Online registration is only available for Hip Hop workshops (www.fln.org/tickets). For all other lessons and classes please call Family Life's front office – 800.927.9083 or use the paper form.

NOTE: All Lessons and Classes take place at the Center for the Arts in Hammondsport, NY and NOT at Family Life's main building in Bath.

Center for the Arts

8096 Pleasant Valley Rd, Hammondsport, NY 14840.

GPS Address: 8096 County Route 88 Urbana, NY 14840

BILLING INFORMATION

PRIVATE LESSONS:

All instrumental and vocal lessons are \$18.00 per half hour of instruction. (*One-on-one instruction*) Students will be billed at the beginning of each month for the **prior** month's lessons, with payment due upon receipt. You will only be billed for the actual lessons that were attended in the prior month or for lessons that were not cancelled in accordance to the cancellation policy.

CLASSES:

Classes may be paid for in two ways.

1. **In full upfront:** pay in full at registration and be all set for the season. This is the simplest payment option and includes an opportunity for a discount if multiple classes are taken and paid in full.
2. **In installments:** the full cost of the class will be divided by eight with the first installment due at registration. The subsequent installments will be billed to you and due upon receipt. The bills will be generated on the following dates:

-September 28, 2015	-October 28, 2015	-December 28, 2015	
-January 28, 2016	-February 28, 2016	-March 28, 2016	-April 28, 2016

Class attendance will be subject to payment. Any students with a balance greater than 30 days outstanding will not be able to attend class until the account is brought up to date.

PAYMENT:

You can pay many different ways:

➤ **CHECK/ MONEY ORDER:**

- Payments can be mailed to Family Life, PO Box 506, Bath, NY 14810. TO AVOID YOUR PAYMENT BEING MISTAKEN FOR A GIFT the statement or remittance stub must be sent in with the check.
- Drop off payment in the "Payment Drop Off" box at the Center for the Arts or at Family Life. *Cash will not be accepted in the drop off box.*

➤ **CREDIT/ DEBIT CARD PAYMENT**

- You can pay online, anytime, by visiting www.fln.org/studentpayment. You will be able to pay with MC, Visa, or Discover.
- You can also call 800-927-9083 (Monday–Friday from 9:00 AM to 5:00 PM) and pay over the phone.



➤ **EFT BANK TRANSFER**

- If you would like to enroll to have payments automatically deducted from your checking or savings account call 800-927-9083. Payment will be taken at around the first of the month.

CANCELLATIONS / SNOW DAYS:

LESSONS: In the event that a student needs to cancel a lesson, notice must be given to Family Life at least 24 hours in advance of your scheduled lesson time. Any lessons cancelled, with less than a 24 hour notice, will be billed. If Family Life cancels a lesson for inclement weather, you will be notified in advance of your lesson time and will not be charged.

CLASSES: FRIDAYS will be the makeup day for any classes that need to be canceled due to inclement weather. If a snow day is declared, you will be notified in advance of your class time and the class will be made up on FRIDAY of the same week. Unfortunately, credit will not be given for scheduled class that a student is unable to attend.

CLASS MINIMUM: Classes and workshops have a pre-identified minimum class size. If minimum class size is not met after eight weeks, Family Life reserves the right to cancel the class or workshop and those registered will be notified with appropriate notice and/or refunded as needed.

If you have any questions about payment please do not hesitate to contact us at 800-927-9083 or e-mail aprilwright@fln.org.