

Family Life is a Christian Ministry committed to providing a Christian environment. Because of the nature of our ministry, we ask that each Kitchen Volunteer fill out, sign and submit this form prior to volunteering.

Please Print Plainly			
Name	Home or Cell phone number:		
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Street	Email:		
City, State, Zip	Circle: Male	Female	
•Are you able to stand for extended periods of time?		YES	NO
•Are you able to lift, twist, pull, push or lower at least twenty pounds <u>If NO</u> , please explain:	without issue?	YES	NO
•Have you had any previous kitchen experience? If YES, briefly explain:		YES	NO

Volunteer Requirements:

- 1. Arrive promptly at the scheduled time, healthy and ready to work.
- 2. Nails are to be kept short and clean.
- 3. Long hair is to be pulled back into a ponytail or bun.
- 4. Shoes are to be close-toed. Anti-slip is preferred. Be sure they fit and are comfortable.
- 5. Black and white dress attire is required for some events.
- 6. Gloves and Aprons are provided for each volunteer.
- 7. Volunteers must be able to understand and follow through with instructions from the Head Chef or other designated person/s, and are to ask questions if still unsure of what is expected.
- 8. Volunteers must be willing to work with others as part of a team.
- Family Life desires that volunteers are willing to serve with a joyful heart and welcoming spirit.

I, the undersigned, hereby release and agree to hold harmless, Family Life, its members, affiliates, and employees or Board of Directors of any and all liability that could possibly be incurred as a result of my negligence, intentional or unintentional, during the commission of my responsibilities as a volunteer for Family Life.

I further release and hold harmless, Family Life, its members, affiliates, and employees or Board of Directors of all liability with regard to any physical or emotional harm that I may sustain during the time I volunteer at Family Life, or as a result of my participation in the projects or event as a volunteer, or in any other activity sanctioned by Family Life.

BY SIGNING BELOW, I understand that my role is as a volunteer, and, as such, I will receive no financial reimbursement for services rendered. I further accept and agree to the terms contained above, and also, by my signature, I acknowledge that in the event of any wrong doing or misrepresentation on my part, Family Life has the right at any time, for any reason with or without cause or notice, to remove me from the position and premises.

Signature	Today's Date

Colossians 3: 23-24: Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.